

The Impact of Hope Rising in... Education



FACT

HOPE IS ONE OF THE STRONGEST PREDICTORS OF ACADEMIC SUCCESS.

Students with high hope levels consistently demonstrate:

- Higher grades
- Higher attendance & graduation rates
- Greater success in college
- Improved social relationships
- Significantly lower incidence of negative behavior
- Stronger recovery from trauma/adverse experiences
- Improved SEL and engagement in the classroom

FACT

EDUCATORS ARE UNIQUELY POSITIONED TO BUILD HOPE AMONG YOUNG PEOPLE.

Educators who understand the science of hope...

- Can assess & increase their *own* hope levels
- Demonstrate *lower* burnout & turnover rates and *higher* job satisfaction, goal-attainment, engagement & well-being
- Can model hope & create hopeful mindsets in their students
- Can implement hope-centered, trauma-informed individual interventions & small group/school-based programs
- Can engage caregivers in centering hope at home

FACT

HOPE CAN BE TAUGHT!

Numerous studies show that hope can be instilled and increased through simple interventions. **Hope Rising Oklahoma** equips school personnel and administrators to develop hopeful classrooms, campuses *and* students.

